

Safe and Secure

## **Collaboration for Safe Upbringing Conditions in Högsby Municipality**

### **SSPF – School, Social Services, Police, and Leisure Activities**

#### **What is SSPF?**

In Högsby Municipality, schools, social services, the police, and leisure services (SSPF) work together to prevent youth crime and to support young people at risk of criminal activity.

**SSPF** is a voluntary form of collaboration aimed at guardians and young people aged 10–17.

#### **Purpose and Goals of the SSPF Collaboration**

The purpose of the collaboration is to identify at an early stage children and young people who risk developing norm-breaking behavior and becoming involved in crime.

#### **Concerns may include, for example:**

- High absence from school
- Aggressive or disruptive behavior
- Criminal acts
- Concerns about peer relationships
- Use of alcohol and/or drugs
- Concerns that the young person is exposing themselves to risks or spending time in inappropriate environments

#### **Are You Worried About a Child or a Young Person?**

If you are worried about a child or young person, contact the SSPF coordinator for advice. You will find the contact details on the last page of the brochure.

## SSPF Working Process

The coordinator contacts the guardians and together they plan an initial network meeting. Other people who may contribute can be invited, such as relatives or other professionals.

The purpose of the network meeting is to gain an overall picture of the young person's situation and, together with the family, decide what type of support may be appropriate.

To enable collaboration, a consent form has been created. Guardians and the young person sign this form so that the SSPF partners can openly share information related to the concerns about the young person.

## Examples of Support Measures

- **Support for guardians:** Social services can offer individual support conversations and parent support groups.
- **Support for the young person:** Social services can provide support conversations about the current situation and provide more targeted support, such as help to stop using drugs or motivation to leave risky environments.
- **Support for the family:** Family therapy is a personal support service for the whole family. It aims to strengthen parenting and improve relationships within the family.
- **Support from the school:** Meetings with a school counselor, additional support, adjustments, and homework assistance.
- **Cooperation in case of crime:** The police can help identify if your child or young person is spending time in harmful environments. The police can offer supportive contact and conduct outreach work in public spaces.
- **Leisure activities:** Help in finding meaningful leisure activities.

## Other Support When Needed

Sometimes a child or young person needs other types of support. In such cases, the coordinator can help contact additional professionals.

More information is available on the Högby Municipality website: ,  
<https://www.hogsby.se/kommun-och-politik/kommuninformation/trygg-och-saeker/sspf>

**Contact details for the SSPF Coordinator in Högsby Municipality:**

Phone: 010-356 50 00

Högsby Municipality, Kyrkogatan 8, 579 80 Högsby

Phone: 010-356 50 00      Email: [kommun@hogsby.se](mailto:kommun@hogsby.se)